Paper - White

You don't need fancy paper for Neurographica®, but here's a little tip: smoother paper works like a charm (skip the rough watercolor stuff). It lets your markers and pencils slide effortlessly. Also, go for thicker paper; this way, your markers won't leak through, and you won't have any surprises with writing showing up on the other side. Last but not least, stick with white paper so your color choices aren't influenced by the paper's hue. Typically, students draw on 8.5x11 or A4 size sheets of paper, which can easily be cut down or taped together for various sized drawings. If you have 9x12 on hand that also works well.

- My preferred paper is 67# Vellum Bristol. It is heavy enough to write on the back of the paper with a normal pen (that's where I make my notes) and not see through if you post your drawing when you're done. Neenah Vellum Bristol

Markers - Black

We'll use markers to draw and outline your artwork. If you're just starting out, I recommend using black ink because it's straightforward and looks great for most drawings. To make your work smoother, it's helpful to have at least three markers: a fine tip, a medium tip, and a bold tip. Many folks like using Sharpie markers because they're affordable and easy to find. However, I'm not a fan of Sharpies for two reasons: they have a strong odor that makes me feel dizzy, and their ink tends to bleed through many types of paper. If Sharpies are your preference, feel free to use them.

Personally, I prefer Faber-Castell Pitt Artist Pens. They are pricier, don't have a strong odor, and might be harder to come by, but they're totally worth it! You can usually find these pens at art supply and craft stores. The three pen sizes I use most often (and recommend) are:

- Pitt Pen 1.5 or M nib for neuro lines
- Pitt Pen F, S, or XS nib for rounding
- Pitt Pen B nib or Pitt Pen Big Brush for field lines and affixing

You can purchase this set from Amazon which has the pens you need plus a few extra: Pitt Pen Set of 8

Or purchase from Dick Blick the exact sizes and quantities you need. You will use the 1.5 nib pen the most and the brush pen the least. Links:

- Pitt Pen 1.5 Bullet Nib
- Pitt Pen Fine Nib
- Pitt Pen Brush Nib or even better the Pitt Artist Pen Big Brush from Amazon

In addition, you can make use of a black gel pen (1 mm nib), for your catharsis drawing – to save wear on the nibs of your markers. This is optional. You will draw over these pen lines with your marker later. I like this gel pen because it's got a thicker point and is refillable. Signo Broad Point Gel Pens

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Colored Pencils

The traditional method of coloring a Neurographica® drawing is with colored pencils. If you have them, I suggest you start with what you have. If you don't have a set, you can get a small, inexpensive set of Crayola colored pencils just about anywhere, and Amazon sells many less expensive brands.

I'm a colored pencil fanatic! It was one of my first art tools when I started this journey over 10 years ago. My preferred brands are Faber-Castell Polychromos (a slightly harder lead) and Prismacolor Premiere (a softer lead). In the US, Prismacolor is a very popular and less expensive brand that is considered artist quality as well. The difference between artist-quality pencils and student-grade pencils is the amount of pigment and the lightfastness. So, unless you're planning to display your drawings, or save them in perpetuity, any colored pencil is fine.

You will typically use 3-5 colors in a drawing – so a small set of 12 to 24 colors will do nicely. I tend to use many shades of the same colors to add depth to my drawings, but again this is less likely in your early drawings unless you already have artistic training.

- Crayola 12 pack
- Crayola 24 pack
- Prismacolor Premiere 12 pack
- Prismacolor Premiere 24 pack

Here are links to Faber-Castell Polychromos on www.DickBlick.com, which also sells Polychromos and several other brands by the individual pencil.

- Faber-Castell Polychromos 12 pack
- Faber-Castell Polychromos 24 pack

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